

SCHOOL MISSION STATEMENT

Providence Academy

Providence Academy equips students to achieve academic excellence and spiritual maturity through a biblically-based, Christ-centered, classical education, so they will think and live in a manner which brings glory to God.

PHYSICAL EDUCATION DEPARTMENT PURPOSE STATEMENT

The purpose of the Providence Academy Physical Education department is to develop students physically, socially, mentally, and spiritually through physical activity. The focus of the curriculum is on skill development, fitness, play, and team concepts. Students should learn that God has given each of us a body that is a priceless possession that we are to care for and use to honor him.

Physical Education Capstone Objectives:

1. Desire to take care of one's physical body to glorify God
2. Appreciate the varied values of health and fitness
3. Appreciate teamwork, sportsmanship, and cooperation, particularly in the sports environment
4. Enjoy team and individual sports, as participant and/or spectator
5. Graduate with the ability to participate in some type of lifetime sports or activity

PHYSICAL EDUCATION DEPARTMENT GOALS

Goals–The student will:

1. **Integrate biblical principles with physical activities**
2. **Understand that each person is uniquely made by God for His purposes**
3. **Develop cooperation with Christ-like actions in teamwork situations
(I Timothy 2:5)**
4. **Develop an appreciation of God-given physical abilities**
5. Appreciate the value of a healthy body
6. Understand the importance of physical fitness and exercise
7. Learn exercises which demonstrate coordination
8. Demonstrate cooperation in following directions
9. Develop an awareness for safety skills and habits with respect to self and others
(Deuteronomy 22:8)